



## **THUNDERCATS VOLLEYBALL ADAPTATION OF THE OVA COVID-19 CLUB RESPONSE PLAN**

### **CONTENTS**

1. Contact list for COVID-19 Thundercats Volleyball Oversight Group
2. Thundercats Volleyball COVID-19 Protocols
3. Thundercats Volleyball COVID-19 Communication Plan



## **CONTACT LIST FOR CLUB COVID-19 OVERSIGHT GROUP**

The purpose of this group is to oversee the implementation of safety and health guidelines within the club.

We recommend a minimum of 3 individuals be designated as the COVID-19 Oversight Group. However, depending on the size of the club, we recommend 3-5 people aged 18 and older.

This information should be communicated to club members in an e-mail communication and posted to the club website if applicable.

---

Dear Club Members,

We would like to inform you of the individuals who will be acting as the COVID-19 Oversight Group as we transition back to volleyball activities.

The following people will comprise this COVID-19 Oversight Group

<b>Name</b>	<b>Position</b>	<b>Phone</b>	<b>Email</b>
Thien Nguyen	Club Director	416-529-1412	thundercatsvball@gmail.com
Jennifer Gubatan	Club Administrator	416-616-6996	Info.thundercatsvball@gmail.com
Patrick Zumpano	Coach	647-382-9867	pzumpano.thundercatsvball@gmail.com

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact one of the individuals above.



## **THUNDERCATS VOLLEYBALL COVID-19 PROTOCOLS**

Clubs must create and follow a set of protocols to deal with situations related to the COVID-19 pandemic that might occur.

These protocols should be included in an e-mail to members before volleyball activities resume. Clubs should also consult with their facility to ensure alignment between facility and club protocols.

Ontario Volleyball would like to thank Skate Ontario for developing the draft information below for consideration by clubs in creating their protocols.

### **Completion of Ontario Volleyball COVID-19 Waiver**

All individuals participating in club must complete the Ontario Volleyball Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in club activities.

Any individual participating in club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Ontario Volleyball\*:

- Athletes
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note: this will be kept on file with Ontario Volleyball)

### **Completion of Waiver of Liability for non-sanctioned OVA programming**

All individuals participating in non-sanctioned OVA programming by Thundercats Volleyball must agree to the Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver") upon registration for Club programming. Waiver is being collected electronically. Failure to do so means that individual must not participate in club activities.

### **An individual becomes unwell with symptoms of COVID-19**

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- If the individual becomes unwell while at the club event, they should be isolated from all others in a well-ventilated area, or if outside, at least 3m away from other participants.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The team that is practicing with the sick individual shall be sent home as well and wait for further instructions on next steps from the Club Covid Oversight-19 Group.
- The facility should be informed to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing
- A member of the COVID-19 Oversight Group should contact the Public Health Unit to discuss the



next steps they are recommending in your community if the athlete.

### **An individual is tested for COVID-19**

- A member of the COVID-19 Oversight Group should contact their Public Health Unit to report the positive test and determine next steps for your Club
- Any individual that is part of a club that is unwell and has been tested for COVID-19 must not participate in club activities while waiting for the results of the test and will wait for direction from public health on when this individual is cleared to return to activity
- The club will consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual and will follow Public Health directives on how to proceed

### **An individual tests positive for COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the club COVID-19 Oversight Group
- A member of the COVID-19 Oversight Group should contact the Public Health Unit to report the incident and to receive guidance on next steps for the Club.
- The COVID-19 Oversight Group will work where requested with the facility and Public Health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
- Any club members who were in close contact with the individual should not participate in club activities for 14 days, should follow public health guidelines regarding self-isolation and testing but may return to volleyball activities if cleared by the Public Health Unit.
- It is recommended to also inform all club members of a positive COVID-19 result that were participating with the COVID-19 positive case within the club activity
- The club should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club will inform Ontario Volleyball of a positive COVID-19 diagnosis by emailing [clubsupportservices@ontariovolleyball.org](mailto:clubsupportservices@ontariovolleyball.org)

### **Return to club activities following illness or exposure to COVID-19**

- Individuals must follow all public health and facility guidelines with respect to returning to volleyball following an illness or exposure to COVID-19

### **Return to club activities following COVID-19**

- Following a positive COVID-19 test, an individual must follow all Public Health Unit guidelines regarding return to activities.

### **Modification/restriction/postponing or canceling of club activities**

- Based on the evolving COVID-19 pandemic, the club must be prepared to follow public health, municipal/provincial government, and sport recommendations regarding modifying/restricting/postponing or cancelling activities
- Clubs should establish a program cancellation policy if one does not exist already
- Club members should be informed as soon as possible of any modifications/restrictions or cancellations
- Clubs must keep any modifications and restrictions in place until advised that it is safe to resume



activities by public health, government, or sport officials/administrators.

### **Public Health Guidelines**

Club members should follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada, must self-isolate and not participate in club or school activities for 14 days, unless the individual has a Government of Canada Travel Exemption
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers) and/or have approval from the Public Health unit to return to volleyball activities.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities

### **THUNDERCATS VOLLEYBALL COVID-19 COMMUNICATION PLAN**

Clubs should ensure effective communication is taking place with their membership during the Return to Play Stages. The following should be considered by the clubs.

1. Ensure up to date contact information for all club members is on-file
2. Determine best method to distribute information (i.e., Facebook page, direct e-mail lists, webinars, etc.)
3. Determine the responsibility for communication within the club during the Return to Play stages (i.e., staff, volunteer, COVID-19 Oversight Group)
4. Establish consistent cadence of communication to maintain connection with club members during Return to Play/Activity (i.e., Weekly, Bi-weekly)
5. Consider holding a virtual Town Hall / Webinar to deliver information on Return to Play protocols and answer any questions / concerns
6. Consider where communications/documents can be stored on a website or social media site for future reference by club members
7. Designate member of COVID-19 Oversight Group to follow up with any individuals who become unwell with symptoms of COVID-19 during club activities
8. Determine paper or virtual storage location for daily Session Participation Tracking sheets
9. If it is determined that a club member has been tested for COVID-19, inform all club members that may have been in close contact with that individual
10. If it is determined that a club member has tested positive for COVID-19, inform all club members that may have been in close contact with that individual
11. Ensure the facility and Ontario Volleyball are informed if a club member is diagnosed with COVID-19.
12. Ensure the public health unit has been made aware of the member being tested positive